



# ATAM GIAN

(SELF REALISATION)

BY

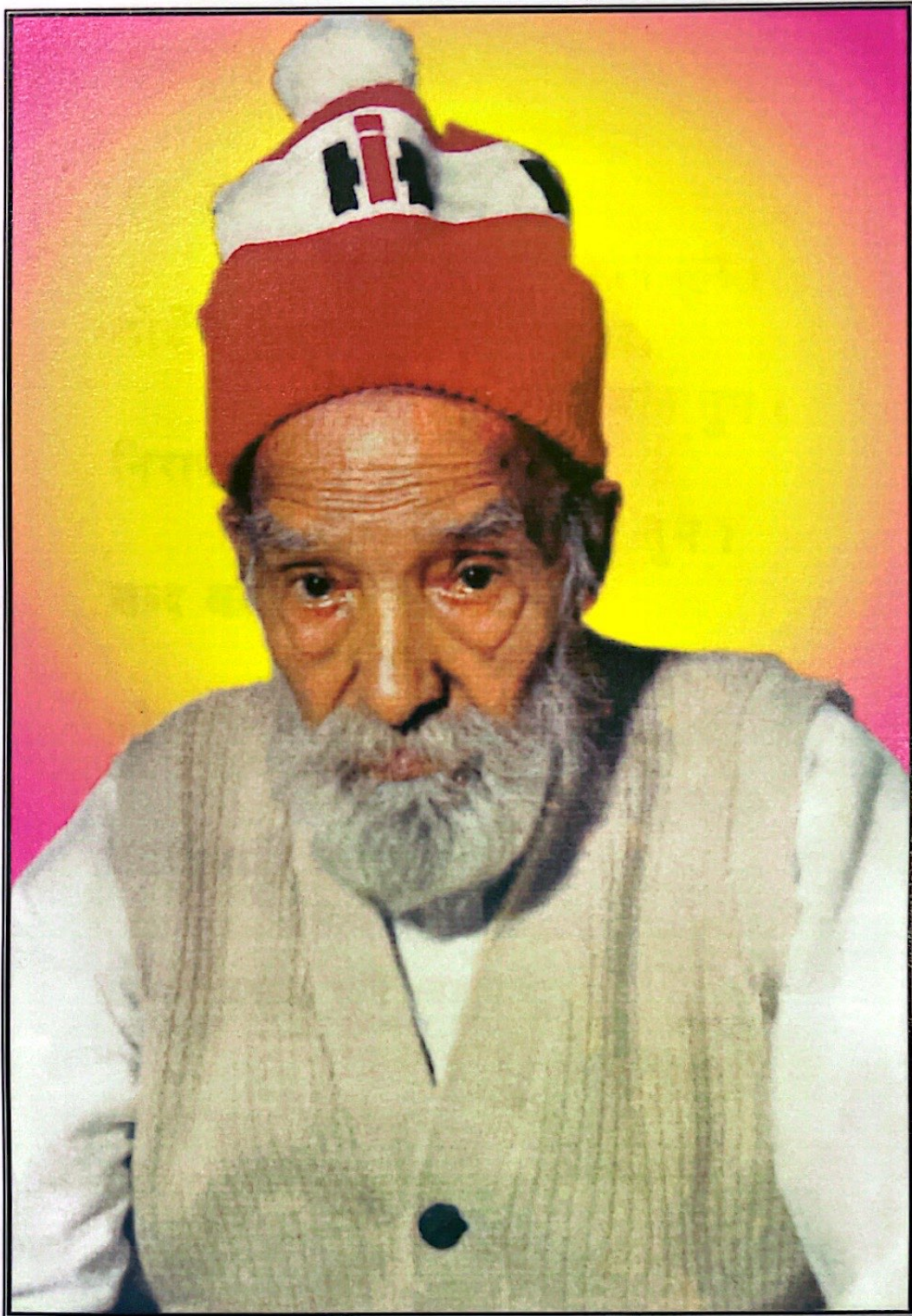
**HIS HOLINESS PARAM SANT PARAM DAYAL  
BABA FAQIR CHAND JI MAHARAJ**

COMPILED & TRANSLATED

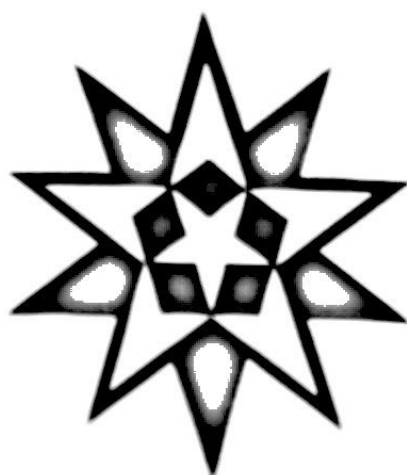
BY

**PROF. B. R. KAMAL**





**BABA FAQIR CHAND**  
(1886-1981)



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# शब्द

अपनी दो पहिचान,  
मेरे सतगुरु दाता ।  
सत हो या आनन्द की मूर्त,  
या हो तत्व के ज्ञान तुम ।  
कोई कहे गुन सगुन हो निर्गुन,  
कोई रचना की जान तुम ।  
निराकार साकार आकारा,  
इनके नाम निशान तुम ।  
शब्द अशब्द सुरत भण्डारा,  
या इनसे अलगान तुम ।  
कौन हो क्या हो क्या कोई जाने,  
अपनी करो बखान तुम ।  
जगदाधारी जगत से न्यारे,  
निराधार निर्वाण तुम ।  
निगम अगम भूले चतुराई,  
नेति एति की खान तुम ।  
साखी शब्द कहित सकुचाऊँ,  
ज्ञान अनुमान प्रमान तुम ।  
राधास्वामी अपना भेद बताओं,  
मेरी ओर दो कान तुम ।

✱                  ✱                  ✱

अब सुरत पूछे स्वामी से ।  
भेद कहो अपना तुम मो से ॥



बास तुम्हारा कौन लोक में ।  
 यहां आये तुम कौन मौज से ॥  
 देश तुम्हारा कितनी दूर ।  
 खोजे सुरत न पावे मूर ॥  
 मैं बिछड़ी तुम से कहो कैसे ।  
 देश पराये आई जैसे ॥  
 मेरा हाल भिन्न कर गाओ ।  
 देश अपना मोहि लखाओ ॥  
 मन तन संग पड़ी मैं कब से ।  
 दुःख पाये बहुतक मैं जब से ॥  
 क्यों भूली मैं देश तुम्हारा ।  
 आय पड़ी परदेश निहारा ॥  
 पाताल बसो कि मृत्यु लोक में ।  
 स्वर्ग बसो कि ब्रह्म लोक में ॥  
 विष्णु लोक बैकुण्ठ धाम में ।  
 इन्द्र पुरी या शिव मुकाम में ॥  
 कृष्ण लोक या राम लोक में ।  
 प्रकृत लोक या पुरुष लोक में ॥  
 या तुम व्यापक सभी लोक में ।  
 चार खान चर अचर थोक में ॥  
 क्यों मोहे डाला काल लोक में ।  
 अति भरमाया हर्ष शोक में ॥  
 अब क्यों आये मोहि चितावन ।  
 रूप धरा तुम अति मन भावन ॥

मैं दासी तुम चरन निहारे ।  
 भेद देव तुम अपने सारे ॥  
 तब हंस शब्द स्वामी बोले ।  
 सुनो सुरत तुम मैं कहूं खोले ॥  
 जो तू पूछे भेद हमारा ।  
 कहूं सभी अब कर विस्तारा ॥  
 मैं हूं अगम अनाम अमाया ।  
 रहूं मौज में आधार समाया ॥  
 मेरा भेद न कोई पावे ॥  
 मैं ही कहूं तो कहन में आवे ॥  
 पिरथम अगम रूप मैं धारा ।  
 दूसर अलख पुरुष हुआ न्यारा ॥  
 तीसर सत्त पुरुष मैं भया ।  
 सत्तलोक मैं ही रच लिया ॥  
 इन तीनों में मेरा रूप ।  
 यहां से उतरी कला अनूप ॥  
 यहां तक निज कर मुझ को जानो ।  
 पूरन रूप मुझे पहिचानो ॥  
 अंश दोय सतपुरुष निकारी ।  
 जोत निरंजन नाम धरा री ॥  
 यह दो कला उतर कर आई ।  
 झंझरी दीप में आन समाई ॥  
 यहां बैठ तिरलोको रची ।  
 पांच तीन की धूम अब मची ॥



तीन लोक से मैं रहूँ न्यारा ।  
चार पांच छः में विस्तारा ॥  
तीन लोक एक बून्द पसारा ।  
सिन्ध रूप में अगम अपारा ॥  
मैं न पताल स्वर्ग नहीं नरका ।  
ब्रह्म विष्णु महेश न जुगता ॥  
नहीं गोलाक नहीं साकेत ।  
इन्द्रपुरी नाहीं ब्रह्म समेत ॥  
तीन लोक व्यापक मैं नाहीं ।  
बून्द एक मेरी यहां रही ॥  
उसी बून्द का सकल पसारा ।  
वेद ताहि कहे ब्रह्म अपारा ॥  
वेदान्ती याहि ब्रह्म बखाने ।  
सिद्धान्ती याहि शुद्ध पुकारे ॥  
इसके आगे भेद न पाया ।  
सतगुरु बिन उन धोखा खाया ॥  
जितने मत हैं जग के माहीं ।  
इसी बून्द को सिन्ध बताहीं ॥  
सिन्ध असल रहा इनसे न्यारा ।  
वेद कतेब न ताहि सम्हारा ॥  
ब्रह्मादिक सब वेद भुलाये ।  
ऋषि मुनि करम भरम लिपटाये ॥  
पीर पैगम्बर कुतुब औलिया ।  
बून्द भेद पूरा नहीं मिलिया ॥

Reveal thy Identity, my Sat Guru Benefactor ;  
art thou Truth, or an image of Bliss;  
or art thou the Knowledge of Element,  
some call thee virtuous, others virtueless;  
still others call thee, The life of creation,  
Formless, corporeal Appearance;  
Thou art name and mark of them,  
Sound Silence, Source of Surat,  
or separate, from all of them,  
who art, what art thou, who can know,  
speak Thou Thyself about Thyself,  
Mainstay of world, separate from It;  
or art thou, without base salvation,  
wisdom lost The unfathomable path;  
Thou art the mine of, not this and this is,  
I feel abashed, calling thee witness to shabd;  
Thou art, Thought, Knowledge, Truth,  
Radhaswami disclose thee, Thy secret;  
listen thee, my humble prayer,

—————

Now Surat asks from Swami !  
speak thou, Thy secret to me !!  
which realm is thy dwelling !  
what emotion brought thee here !!  
How far is thy dwellings ?  
Surat searches, finds no root !!  
I departed from thee, how tell !



how came I in foreign land !  
Distinctly thou chant my condition !  
show me thou, thy abode !!  
Since when I came in company of body mind !  
suffered many afflictions, I since then !!  
Forgotten I, why thy Abode !  
fallen I in the land of foes !!  
Thou dwell in Infernal or on this Earth !  
dwell in Heaven or in Realm of Brahma !!  
In domain of vishnu, the Paradise house !  
in the city of indar or in house of shiva !!  
In the state of Krishna or in the state of Rama!  
in the region of Nature, or in world of man !!  
Or thou pervade in all these Realms !  
in four mines, animate in inanimate mass !!  
Thou threw me, why in domain of Kal !  
deluded me in pleasure and pain !!  
To remind me, why have thou come now !  
assuming most pleasing form !!  
Humble I, behold thy feet !  
disclose thy secrets all to me !!  
Then Hans Shabd swami spoke !  
Listen Surat, I speak in detail !!  
If ye ask me, my secret,  
describe I all, now in detail !!  
I am unfathomable, un-named, beyond Maya !  
at will, I pervade in the space !!  
No body can know, my secret !

It can be known only, when I say !!  
First, I assumed unfathomable form !  
second, unseen man became separate !!  
Third, I became Sat-Purusha !  
created myself the Sat Lok !!  
In these three persists my spectrum !  
from here descended an object rare !!  
Know Me, till this by ownself !  
realise me, in perfect Form !!  
Parts two withdrew Sat Furusha !  
tis named, Light-Eternal-Being !!  
These two parts descended down !  
Penetrated into realm of Sound !! (झिझरो)

— — — —

Dwelling here, Trinity created I  
Five, three, now made an uproar !!  
I remain apart, from three realms !  
permeate in four, five six !!  
Three worlds tis expansion of one drop !  
In ocean form, tis unfathomable Infinite !!  
I am neither in Infernal, nor in Heaven, Hell !  
neither in Brahma, Vishnu, Mahesh & world !!  
Neither in Paradise, nor in Ayudhya !  
neither in city of Indar nor with Brahma !!  
I Prevode not in three Realms !  
only one drop of mine remains here !!



Tis entire expansion of one drop !  
Scriptures name it Brahma Infinite !!  
Theologions describe Him as Brahma !  
dogmatics call him as Pure-Element !!  
None has known the Secret-beyond,  
all stand deluded without a Sat-Guru !!  
All the religions of the world !  
Consider this drop as the ocean !!  
Real ocean remains separate from all !  
remains He beyond description in books !!  
Brahma and others deluded by Vedas !  
sages, sears lost in rituals !!  
Seer, Prophet learned and the hermits !  
have not known Perfect secret of drop !!

A child is born. What does he need at the first instance? First of all he needs some food for his stomach. There after, it is an habit of every child, that whatever he sees, he sees it very attentively and then he tries to catch hold of that object and put it in his mouth. Even, if there is a snake, he would catch hold of it and try to put it in his mouth from its head side. It shows that every child has the curiosity to know about every object that he beholds. You must have observed that when a child starts to speak properly, he puts questions to all his near and dear ones about his surroundings, men, women, animals and about all, that he comes across. Almost every individual possesses

these three traits with little variations in their degree. This is termed as KNOWLEDGE. It may be said that every individual is gifted with an instinct of knowing about every thing with in and without.

When I became aware of my existence in this world, I too was possessed by a thought as to who has created me, where have I come from and who is the creator of this world? Being born in a Brahman family, I was given the thought, that the creator of this world had incarnated in the Form of Lord Rama and Lord Krishna. Thus to know the creator of this world and of my own-self, I started to worship Lord Rama and Lord Krishna with utmost devotion. And the result of my worship and devotion was that the both Lord Rama and Lord Krishna in their physical form used to remain with me and move in front of me, because I was given this thought that the creator of this world incarnates in this world. So, One day I worshipped, wept and prayed continuously for 24 hours saying, "O, Lord, you have been coming to this world from time to time in the form of Rama, Krishna and Narsingh, Pray, thou come now as well." At that time I was not aware of the TRUTH. Now when I have realised the TRUTH my life has completely changed. Those were the days of a different stage.

Hazur Rai Salig Ram Ji Maharaj who wrote the above narrated hymn also had the same thoughts as I



had in my early days. He too had a burning desire in his heart to see the Lord face to face. He (Hazur Rai Salig Ram Ji) considered his own Guru as an incarnation of the supreme Lord. Whereas I considered Data Dayal Maharishi Shiv Brat Lal Ji as The Supreme Lord on this earth. Similarly Mohammad for Muslims, Guru Nanak for Sikhs, and Jesus Christ for Christians have been the ideal or Supreme Lords. All The Truth seekers have accepted the Supreme Lord in one form or the other. In fact every individual has a yearning within, but very few have realised the object of this inner craving. Our "self" in one way or the other yearns to know its origin, from where it has come down to this Physical existence. Every individual is equipped with a sense of inquisition by Nature. You must have observed one, when grief ridden in this world, praying "O ! God, remove me from this World, I am grief-torn". What does it mean ? It means that such a man is afflicted in This World and he wants to go to a place where there is no grief and relief. Hazur Rai Salig Ram Ji Considered Swami Ji Maharaj as the Lord and enquired about the Truth as written in the above hymn. His Holiness Swami Ji Maharaj replied as :—

तव हंस शब्द स्वामी बोले,  
सुनो सुरत तुम्हें मैं कहूं खोले ।

जो तू पछे भेद हमारा,  
कहूं सभो अब कर बिस्तारा ।  
मैं हूं अगम अनाम अमाया,  
रहू मौज में अधर समाया ।  
Then the enlightend Swami spoke ;  
Listen Surat, I disclose the Truth !  
If thou enquire, about my secret,  
I explain all, now in detail !  
I am unfathomable, un-named beyond May a

At will remain merged, in the space. (अधर)

His Holiness Swami Ji Maharaj has revealed the Reality and has disclosed that the Supreme and True Lord is un-fathomable and un-attainable. In other words it is supermost consciousness, Inner Knowledge and preception. The supreme Truth, say, Lord, Allaha or Waheguru is Infinit. You may give it any name. He is imperceptible and un-named. These religions have divided the entire humanity in the name of God. The supreme Lord can be remembered by any name and He can be worshipped in any Form. He is beyond this cosmos. He is Infinit and Maya has no access to Him. 'Ma' stands for measurement where as "Ya" stands for instrument. In This World we try to assess, measure, Preceive and understand every thing with our intellect. But Swami Ji Maharaj very categorically has asserted that the Supreme Lord dwells beyond intellect and Mind. I have spent my entire life in search of His dwelling

I was hardly seven years old when I started This search for Him. I have seen many ups and downs, but my search is going on :

“मेरा भेद कोई न पावे  
मैं ही कहूं तौ कहन में आवे ।”

None knows my secret ;  
It can be known only ;  
If I reveal it, myself !”

Now you yourself decide, who can know and tell about the secret, which is beyond the sphere of intellect and which is free from Illusion, which is un-named and unfathomable. This Secret can be known by him alone who dwells at that Sublime-Realm and by none else. But what are these modern Gurus doing ? Do they give Sat Sang for the liberation of their followers ? No ! They do this work simply for their own name and fame. They are busy in increasing the number of their followers. Their aim is to enlarge their centres and to enhance their Properties for the benefit of their successors, who are their own kiths and kins. This is all a fraud. The ignorant seekers are exploited. They are not shown the right path.”

पिरथम अगम रूप मैं धारा,  
दूसर अलख पुरुष हुआ न्यारा,

तीसर सतपुरुष मैं भया,  
सतलोक मैं हो रच लिया ।

“First, I had unfathomable Form;  
Second, imperceptible Purusha became distinct,  
Third I became, Sat Purusha myself;  
Created myself the Sat-Lok !

I do not know, what Swami Ji wants to convey in these lines. The meanings of these lines are better known to Swami Ji. I can interpret these lines according to my own understanding and Practical life. Since I realise that whatever thought occurs in my mind, whatever vision, scene or colour I visualise with in, they are all impressions and suggestions of my own mind from my past and present. They are nothing, but Maya or Illusion. Now I go beyond these mental visions. In other words I go beyond the realm of mind. At that stage there is no thought, no form, and no colour. There after come the Light and Sound. I behold the the Light with in and listen The Shabd But soon that Light also becomes invisible and Shabd becomes inaudible. It happens very rarely and that too for a minute or half, This stage of Light and Sound, which is beyond our mind is named as “SAT” by the saints. But the object, which beholds the Light within and listens the Shabd, also becomes invisible as soon as the Light becomes invisible and shabd becomes inaudible. This stage is known as “IMPERCEPTIBLE”. It cannot



be seen. By ascending to this most sublime stage, which is for beyond the gross, subtle and causal stage, our "SELF" becomes unfathomable. The "OBJECT" of which you attain knowledge is different, Perception is different, Light is different and Sound is different. Then after realising these stages there remains no distinction between the Lord and The Guru. The Lord or The Guru is only that "OBJECT" which dwells beyond, body, mind, Light and Sound. That object is your own "SELF". But you are not aware of it. Because, you are too much with this world. Worldly desires and needs are dominating you. Wealth, woman and worldly fame never Permit you to think about the higher values of life. It is good that nature sometime inflicts grief upon the mankind :-

**“दुख दारु सुख रोग भया”**

**Miseries, blissful, ailment pleasure,**

If grief overtakes us, It is for our own good. It reminds us about our original home, other wise none of us is willing to leave this world of Duality and Trinity, Only when a person is grief ridden, he weeps and prays for release from this world. The Three stages of Light, Shabd and the one beyond it are the stages of our real SELF. This is what I have realised and understood. So our Real Abode, from where we have come over here is SAT, ALAKH, and AGAM. i.e. it is

TRUTH, INVISIBLE and UNFATHOMABLE. In other words, it is a state of our real existence or ENTITY which can be realised. However, this Path cannot be qualified for undertaking the journey of this Path, tread by every body. Only he who really wishes to free his-self from this world without an earnest desire and cravings, none can attain anything from this Path of saints. If you have come to this Path due to certain reason or worldly desire, you would not attain any inward success. It is due to this fact that many of the Sat-Sangies remain blank even after spending years of inward Practice on this Path. They are not aware of the basic Principles of this Path. But otherwise they consider themselves as the true devotees, because they have the Guru (in Physical form) and they are initiated, but they remain where they were before initiation and sometime even worst.

“इन तीनों में मेरा रूप,  
यहां से उतरी कला अनूप।”

“In these Three Persists my spectrum !  
From there descended an object rare !!

Who would understand the meanings of these lines. I explain it for your benefit, with an example of a battery. I have worked in the deptt. of telegraphy as an inspector. There are three things in a battery, i.e, Electro-motor-force, current and Resistance. From

voltage comes out the current. From one wire, we have many circuits upon which several lines work separately. Voltage and the source remain the same whereas the lines vary. You see, how this fan is working. current from Bhakra is moving this fan with the help of a wire. Different fans and other machines at different places are working with the same current drawn from Bhakra on different lines. The Source of Energy is at Bhakra Dam. But current drawn from this source is working at different places in different ways. Similarly the source of our ENERGY is Sat-lok from where the release of current is a natural process. And this entire creation is an outcome of the current that flows from that supreme source of Energy. Scientists have proved that this entire universe is nothing but the Energy. Sometime back I studied in a book, that human body contains energy enough to illuminate one town. When this energy of human body gets exhausted the body perishes and all other elements get mingled up in this universe.

So, the supreme-Lord whom we call as SAT-LOK, INVISIBLE and UNFATHOMABLE is a Store-House of ENERGY. This entire creation is its game. But He Himself is different. As we have body, mind and Soul. Similarly The supreme-self has its body as Light and Sound. This stage of Light and Sound is His state of awaking. His dreaming state is known invisible where

as deep-sleep is known as un-fathomable. Thereafter comes the state, "Un-Named". Just we have life over here, life exists at that sublime stage as well. As we live on this earth in different forms and move, similarly in that supreme stage dwell the entities known as swans, but they do not have any Physical form. Their physical form is made of Light and their voice is Shabd. They do not eat nor They drink. Now, you can question about this Unique stage. While asleeping you do not feel the necessity of any food or water, nor you feel necessity of any thing else rather you do not remain aware of your ownself. In this state of un-awareness, still you continue to feel the existence of life. There your consciousness exists in a state of self-consciousness. During sound sleep you forget everything. But in that sublime stage, only body, mind and soul are asleep whereas the Surat or SELF remains awake. Stillness of body is known as sleep, stillness of mind is known as Trance or smadhi and stillness of soul is its merger in the Light. Thereafter comes the fourth stage of the Saints :-

“तीन छोड़ चौथा पद दोना,  
सतनाम सतगुरु गति चीन्हा ।”

“Relinquishing the three, granted the Fourth, stage;  
Where, Sat-Nam, Sat Guru is known !”

But, sometime I ask, “what would you gain by simply listening to these words of mine”? You may



not try to understand and realise the Truth. But, I feel, that, if this plain Truth is made clear to the world, our fights in the name of God, Ishwar or Allah would come to an end. The present era of communal riots, the feelings of regionalism and castism would be taken over by an era of the unity of religion and the unity of humanity. The supreme-Lord is one and He is a store House of Energy. You may give him any name of your choice. Why should there be riots, fightings and killings in the name of that supreme-Being. The Truth is the same. Different saints have used different words to explain it at different times.

Our childhood is SAT-YUGA, youth is a period of TRETA-YUGA, declining age is known as DUAPAR-YUGA and the old age followed by death is known as KALI-YUGA. Just as this process of change works in our life, it works in upper-realms of this universe. Our death or KAL-YUGA brings an end to all our ailments. Similarly Kali-Yuga is the last stage of this Universe. This universe has passed its period of childhood i.e. SAT-YUGA, Youth, the period of Treta, the declining age, the period of Duaper and now it is passing through its last stage of life i.e Kali-Yuga or the old age followed by death. Our death is a doomsday or a deluge to our existence. The Kali-Yuga of this universe would come to an end with the death or doomsday of this universe. The earth would melt away and become water, water would turn into air, air would-

become fire and fire would change into sky.

I again turn to the same example of battery. Each circuit of a battery carries separate-current. Source remains the same whereas the working of each circuit and its current differs from each other, our physical body is a miniature of this universe. This universe is controlled and governed by the Supreme Energy where-as our body is controlled and governed by a current of that Supreme-Energy. In this universe whatever and whosoever takes birth must perish one day. Even our thoughts do not persist for a very long period. A particular thought would arise in our mind. It would dominate us for a particular period and then it would perish away, No object can exist here for ever in any form. The law of change works here and every thing in this world falls in the perview of this law of change. But the Supreme-Energy, the Lord, Invisible or the un-fathomable Truth remain as it is. The fans or other electric appliances may stop working but current remains in the wires. The Source of current or The E. M. F. continues to exist, even if all the circuits connected to it may come to an end. I hope, you are understanding me. I have done my best to explain you the Truth. We all have come from one and the only one source. Our origin is one. But due to ignorance, we are fighting among ourselves :-

सब की आद कहूं अब स्वामी,  
अकह, अपार, आगाध अनामी ।”

**“Source of all, now I say O Swami, is  
Un-utterable, Infinite, un-fathomable, un-named.”**

**You, me and all have come from there. But, after coming into this world, we have forgotten about our original abode and we are completely engrossed in this world. Even though we face all sorts of difficulties, miseries and tortures, this world appears to be very attractive to us. Our desires for wealth, honour, fame and prosperity amidst all sorts of griefs and miseries continue to increase without any end. The saints come in this world only for those who have no attachment with this world and with the creations of their own mind. The teachings of the saints are only for those who understand that they are here for a specific period and not for ever.**

**Guru Nanak Sahib has named the Supreme centre of Energy or the Lord of this world as “AKAL-PURUSH.” But none of us would ever try to understand or think about this Akal-Purusha. We are satisfied by saying :-**

**सत श्री अकाल, जो बोले सो निहाल”**

**He who speaks Sat Siri Akal,**

**enjoys the bliss.”**

**So many people are happy and satisfied with**

this slogan only. They do not try to understand beyond it. They do not know that Guru Nanak uttered these words after his life long research. He spent his entire life in search of Truth till ultimately he reached this conclusion that the Supreme-Lord is AKAL-PURUSH. If you study The SUKHMANI SAHIB, you would find the words HARI, PRABHOO and BRAHM used separately at different places. Why is it so? These different words are used for different categories of men, that is for saints, Sadhus and Brahm-Gyanis. None bothers to understand the significance and meanings of these words. People simply recite these sublime writings of those saints without understanding them. These different words have been used appropriately by those great saints. They have tried to describe the supreme power through these words. For example I, Faqir Chand, have one body, but different parts of my body have different names. Similarly the supreme-Lord has His body and different parts of His body are known as Ishwar, Permeshwar, Hari, Ram, Brahma, Para-Brahm, Sabal-Brahm and Sat-Lok. These different Parts of His body are praised by different saints in different ways. My hands, feet, legs and other Parts constitute my body which is known as Faqir Chand. My hands, legs or feet alone can not be named as Faqir Chand. Similarly The Supreme Lord has many constituents of His-body while Guru Nanak has named the Lord as Akal-Purusha while the propounders of Radhaswami faith call it Radhaswami. There is no difference in the philosophy of the saints and that of



The Sanatan-Dharama. But unfortunately the preachers of both the schools are themselves blank and unpractical. They themselves not knowing the REALITY have fallen victims of sheer ignorance. They have divided the humanity into various religions and sects as sikhs, Hindus, Radhaswamias, Muslims & Christians etc. with further many sub-sects within these religions. These differences and religious enmities can be removed by the teachings of the saints only. I do not denounce, that the methods of worship of these religions are incorrect, nor do I say that none should worship, Rama, Krishna, Wahe Guru, Allaha etc. But my mission is to make people conscious of the Reality. After my long life research. I say.

यहां तक निजकर मुझको जानों ।

पूर्ण रूप मुझे पहचानों !!”

For perfect knowledge of me know thyself.

Energy is different from life. For example a doctor has administered chloroform to you and you have become un-conscious. You exist, but your body has become in-active. The current of Energy known as life or surat has become in-active, although it continues to exist. As the voltage in the electro-motive force still continues to exist even when the circuits are disconnected. Similarly works our life. The negative and Positive lines of the current from the source of Energy do the entire work :-

अंश दोऊ सतपुरुष निकारे,  
जोत निरंजन नाम धरारे ।

Out of Sat Purasha emerged two Joti Narnijin :

This is an age of science. People do not give any importance to the words used in our scriptures. So I have changed it with scientific approach. Science has proved that Negative and Positive poles persist everywhere in a visible or invisible form. The process of formation and deformation in this universe is carried on by these two forces and their source is the Supreme Source of Energy. All animates and inanimates on this earth serve as negative and Positive poles of the current of the supreme-Energy. I am sorry, I do not find appropriate words to express myself. However I am doing my best to explain the Truth with the use of every word of my vocabulary and I hope you would understand, if you have an earnest desire to understand and know your own-“SELF”.

“यह दो कला उतर कर आई,  
झिंझरी दीप में आन समाई !”

These two forces, descended down;  
Penetrated into a realm of sound (Jhinjari)

Jhinjari is a musical instrument. Where there is a motion, there is Light and sound. You may see this light and listen to the sound or may not, but, it is a scientific truth that motion is followed by Light and Sound

यहां बैठकर त्रिलोकी रची,  
पांच तीन की धूम अब मची ।

Now Arose an uproar of Five senses and  
three characteristics :

This entire creation is the product of that current, which has descended down to this universe from its sublime-Source of Energy. The entire hustle and bustle in gross and subtle form on this earth is the creation of Light that emanates from the current of the Supreme Energy. The organ of our body, our mind, fire and sky all are made by it alone. What was our state before our birth? We were a microscopic germ in the semen of our Parents. That germ has developed to this present state of complete man in your and my form. The process of evolution continues in this world.

तीन लोक से मैं रहूँ न्यारा,  
चार, पांच छः में विस्तारा ।

I remain apart from three Realms;  
Permeate in Four, Five, Six !

He dwells beyond the three realms i.e. He does not dwell in body, mind and Soul. Body mind and Soul constitute our life and life is a web of Pains and Pleasures, ups and downs. Whosoever dwells in these

enjoy and suffer the Pleasures and Pains of this life. To attain release from this Trinity one has to ascend to the fourth stage. Perfect Peace dwells beyond Sat-Chit-Anand. One may ascend to the state of Light, but that is no surity of Permanent release from the sphere of creation. Because the creator may send you down to the stage of body, mind and soul as per His will and needs. For example you must have seen the game of chess. The players as and when they need, make use of the dices which they have already won. Similarly The Creator or the Player of the game of this creation makes use of us all upto the stage of Light. I knew nothing about Four five and six. I followed the Path of the saints with utmost devotion and service to my Guru. The Compassion of Guru and this work of Sat-Sang ultimately revealed the Truth to me. And now, I understand the meaning of these words. Four, five and six stand for SAT-LOK, ALAKH-LOK AGAM-LOK and ANAMI-LOK.

“तीन लोक, एक बून्द पसारा,

सिन्ध रूप में अगम अपारा ।

Three world tis expansion of one drop !

in ocean form, tis unfathomable, Infinite.”

These lines speak out the importance of one drop which pervades in the three realms. One drop has the capacity of creating one Brahmand (universe) of its own. Similarly other drop has the power of



creating another Brahmand. No body can count, the number of Brahmands, Moons and Suns in this cosmos. Guru Nanak has written :-

लख पातालां पाताल,  
लख आकाशां अकाश,  
ओड़क ओड़क भाल थके,  
आखिर इको ही ज्ञात ।

lacs of Internals, lacs of skies,  
ultimately efforts of search exhausted,  
Infinitely pervades, one supreme Being."

No human being is capable of knowing this universe in its totality. One can simply Perceive about this universe in one's thought, but one cannot see and know it. The modern scientists have proved that there exists an other sun beyond the sun of this solar system and that sun is perhaps thousand and thousands times bigger than this visible sun Time is approaching when science would support the research and realisations of the saints. The writings of Swami Ji Maharaj are very much scientific :-

“मैं न पाताल, स्वर्ग नहीं नरका  
ब्रह्मा, विष्णु, महेश न जगता, ॥

I am neither in Infernal, nor in Heaven, Hell;  
niether in Brahma, Vishnu, Mahesh nor in world,!

Being a Brahman, how could I listen to such a bitter denunciations of Brahma, Vishnu and Lord shiva ? But I did listen to this all with a great courage. Because I had an unshakable faith in His Holiness Data Dayal Ji Maharaj. And further I was keen to know, whether these writings of our saints had any Truth in them ? Now, after having spent my whole life on this Path, I have come to the conclusion, that whatever Swami Ji Maharaj has written, is hundred per-cent correct and a Perfect-Truth. Brahma-Vishnu and Mahesh are confined to the limits of body and mind. Whereas our real home is beyond mind and the realm of Light. Had Brahma, been the ultimate Abode, Guru Nanak would not have given it the name of Sat-Siri-Akal. Unfortunately People have not understood Guru-Nanak and his teachings. They simply use the name of Guru Nanak for their selfish ends. Guru Nanak did not belong to any particular sect caste or creed. He belonged to the entire universe and his teachings are non-sectarian and secular. Saints do not follow any particular religion, nor do they establish any new path. New Paths and new religions are established by their followers. Guru Nanak, Sant Kabir and Radhaswami Dayal did not establish any centre or a new Path. Their followers did establish centres with different names. Excuse me, nothing can be done in this world without the help of name and physical form. Although I have not established a new path or faith, I have a centre named BE-MAN-TEMPLE with the sole aim of bringing

unity of religion and brotherhood of mankind.

नहीं गो लोक नहीं साकेत,

इन्द्र पुरी नहीं ब्रह्म समेत ।

“Neither in Heaven, nor in Ayudhya,  
neither in the city of Indar, nor with Brahma.”

The Supreme is not confined to the limits of Heaven, Ayudhya and the city of Lord Indar. He is not even Brahma. Infact Brahma is Light and the Light is the creator of this world. Without light there cannot be anything both in animate and in-animate form. The sphere or realm of light or Brahma has its limits. But our real Abode or The Supreme self is beyond the limits of Light and Sound :-

तीन लोक व्यापक मैं नाहीं,

बून्द एक मेरी यहां रही ।”

I Prevade not in three realms,

Only one drop of mine remains here !

Let us not go into the subtle aspect of this topic and simply observe our surroundings and day to-day life. Each one of us know that Sun is far above from this earth, but still It keeps our earth bright through its rays. If Sun itself comes down to earth, we all would stand reduced to ashes with its heat. Similarly the Supreme-Lord does not dwell in this world. He is

ofcourse here in the from of Surats (souls). Sun is not here but its presence is felt by every one through its rays. So, if any body has a desire to worship and serve the Lord, he should serve the mankind. He is in each and every individual. The sikh Gurus had great regard for this Principle of service to mankind and among sikhs this principle is adhered to with great dedication, though the mode of service has undergone a great change now. However, the sikh religion deserves all praise for its dedication and service to Sangat and Pangat. If a man when away from home, serves others but heats his wife and ignores his children while at home renders no service to mankind. Worshiping any god or goddess would not serve any Purpose. God in the form of surat is Present in every being. So if anyone wants to serve god, he should serve his fellow men. However, it is Physically impossible for one man to serve all the mankind around him. He is therefore, advised to serve those who are attached to him by Nature. This is the real worship of God. Husband should take care of his wife, and wife should look after her husband. Father should look to the needs of his son, and son should serve his father, Brothers should help the brothers. Rulers should serve the subjects while subjects should serve the rulers. So, what I have understood from the worship of God is that man should help and serve the man. He who causes pain to his fellow-beings causes pain to God. This is my

conclusion.

उसी बून्द का सकल पसारा,

वेद ताहीं कहे ब्रह्म अपारा,

Tis entire expansion of that one drop,  
Scriptures name it, Brahma Infinite.

The whole creation is the product of one drop and one drop or say current from the supreme-store of Energy has the capacity to create one Brahmand or universe. How many currents are flowing out of the supreme energy can be known by none. Who can count the shinning stars at night? Each star is a universe in itself. There is no end to creation. But the Supreme-Lord dwells far above all these Brahmands or creations. Generally people say that god dwells in man. If it is true, then he dwells in you in the form of your Surat. But I would say, that we all dwell in Him.

वेदान्ती याही ब्रह्म बखानी,

सिद्धान्ती याही शुद्ध पुकारे ।

इस से आगे भेद न पाया,

सतगुरु बिन एक धोखा खाया ।

Theologions describe Him as Brahma,  
Dogmatics call Him as Pure Element !  
None has known the Secret beyond,  
All stand deluded without a Sat-Guru !



I have spent whole of my life In going-beyond the Realm of Brahma. Because I wanted to know the Secret which dwells beyond Brahma I was been to know and see the Source of my SELF. After a life long search I have been able to see that Sublime-Abode of Self. But I am sorry to say that It has not been possible for me to stay at that stage at my own will. And now I am convinced that whatever is written by our saints is absolutely correct. People do not understand the Truth, but run after the words and are fury about the words. Brahma is light and volumes have been written in praise of Brahma. Light pervades every where and the process of creation and obliteration is carried on by light.

जितने मत हैं जग के माहीं,

इसी बून्द को सिन्ध बनाई ।

All the religions of the world;

Consider this drop as the Ocean;

It means that all the religions or faiths of the world consider only the drop or the current as the supreme-Power. They have not tried to know the source of this drop or current. For drop the source is Ocean whereas for current the source is E.M.F. But the followers of dogmas do not try to go beyond the realm of a drop or current. Had I not been convinced of the Truth revealed in these lines, I would not have

spared even my own preceptor But now I am obliged to admit that whatever these saints have written is absolutely correct and my own experiences confirm and support the same.

सिन्ध असल रहा इनसे न्यारा,

वेद कतेब नाहीं ताहि सम्हरा ।

Real ocean remains separate from all;

Remains He, beyond description in scriptures.

When my intellect cannot have an access to the Supreme-ocean, how can books describe him. He is inexplicable. This subject is for knowing, understanding and realising. It is not for delivering lectures. The realisation of the Sublime Truth results in the silence of the Realised.

ब्रह्म आदिक सब वेद भुलाए,

ऋषि मुनि कर्म-भरम लिपटाए ।

Brahma and others deluded by Vedas.

Sages, seers lost in rituals !

Now, you see, for those who have faith in the scriptures and are born in Brahmin families how harsh these words are. It was due to this reason that Radhaswami faith and its teachings were opposed, rather abused, by the people in its primary stages. Guru Nanak was also criticised as gone-astray from the right-

Path. But now people have started to realise the Truth-revealed by Guru Nanak and by the propounders of Radhaswami faith.

पीर पैगम्बर कुतुब औलिया,

बून्द भेद पूरा नहीं मिलिया ।

Seer, Prophet, learned and the hermits !

Have not known perfect secret of drop !!

His Holiness writes that these people have not been able to understand the complete secret of the drop. How can they then know about the Source or the Suprem-Lord ? The Secret of the Supreme-Lord can be known by him alone who can transcend upward after shunning the realm of mind. This Path cannot be adopted by those who are too much with their minds and mental creations. Quran the sacred book of the Muslims also refers to this sublime-Truth. It is written there in that the wings of intellect stand burnt at the ultimate-state of Reality. Defferent saints have used different words to express their realisations, but the Truth remains the same. All religious differences are the creations of selfish ends for the sake of name and

fame-otherwise the ultimate goal of all religions is the same. The desire for name, fame and wealth has divided Islam into numerous sects, Radhaswami faith has been divided into different centres and similar is the fate of other religions. I have not attached myself with any Particular religion. I have raised the slogan of BE-MAN." Humanity is primary whereas religion is a secondary thing. If you are not sincere and true to your worldly duties and to your ownself, you should never even dream of following the Path of the saints. Because, you would not achieve any thing. This path is meant for him alone, who is a man in the real sense of this word. The worldly people should follow the path of scriptures (the Path of Vedas). They should try to keep their mind and thought pure. They should have faith in one and worship that one alone. consider that one as the Perfect Ideal. Those who follow this Path, get all their desire fulfilled. He who has faith in one Ideal and worships Him alone ultimately qualifies for the higher stages of spirituality.

एक ही साधे सब सधे ।

सब साधे सब जाय ।'

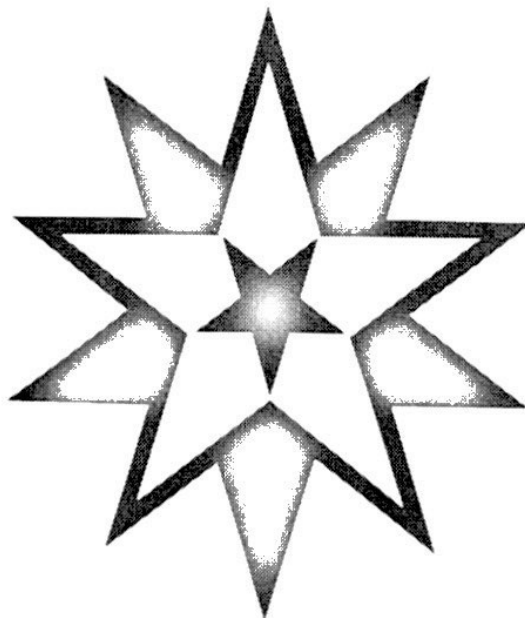
**Devotion to one, tis devotion to all,  
devotion to all, tis devotion to none !**

**The supreme-Being belongs to all, without any consideration of caste, creed, colour or sex. Worship Him in any one from you love. Why should there be any fights and riots in the name of God, Allah or Waheguru. You may remember Him by any name you like. But, if you have jealousy and enmity for those, who do not belong to your circle, you would not gain any thing. To live happily and peacefully in this world is a different thing, and to attain release from this world of Trinity is a different thing. Every one is not lucky to attain liberation. First of all-Be-a-Man, follow the Inward Path for self-realisation by detaching your-self from body, mind and soul. There after you shall qualify to follow the Path of attaining the liberation.**

**I do not claim that whatever I say is final. However, my teachings are based upon my own observations, experiences and realisations. And whatever. I say, I say it without any reservations because**



**I do not cherish any selfish motives. Thousands of saints and Faqirs have been in this world, but, the world remains the same rather it is worst than before. If you can reform or improve anything in this world, it is your ownself and Perform your duties as son, brother, father, husband and official sincerely. Keep your conscience clear. Your life shall be better than many saints.**



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**WARNING: FOR ADHKARIS ONLY**